

United States

Health Department Website: hhs.gov

Summary

Key Findings

Volunteerism

22%▲

from 23.2% to 28.3% of people age 16 and older between 2021 and 2023.

Homelessness

16%▲

from 19.4 to 22.6 people per 10,000 population between 2023 and 2024.

Cancer Screenings

15%▲

from 56.0% to 64.5% of adults ages 40-75 between 2022 and 2024.

Air Pollution

13%▲

from 78 to 8.8 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

Premature Death

8%▼

from 8,522 to 7,862 years lost before age 75 per 100,000 population between 2022 and 2023.

Unemployment

7%▲

from 4.3% to 4.6% of civilian workers age 16 and older between 2023 and 2024.

Multiple Chronic Conditions

6%▲

from 10.7% to 11.3% of adults between 2023 and 2024.

Mental Health Providers

5%▲

from 344.9 to 362.6 per 100,000 population between September 2024 and September 2025.

E-Cigarette Use

4%▲

from 7.7% to 8.0% of adults between 2023 and 2024.

Drug Deaths

3%▼

from 32.4 to 31.4 deaths per 100,000 population between 2022 and 2023.



Spotlight

Rural Health in the United States

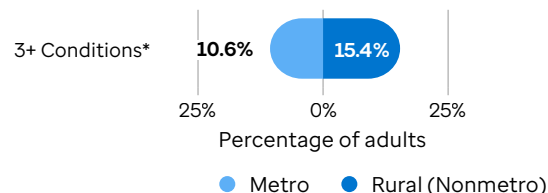
Rural Population in 2023

20.4%

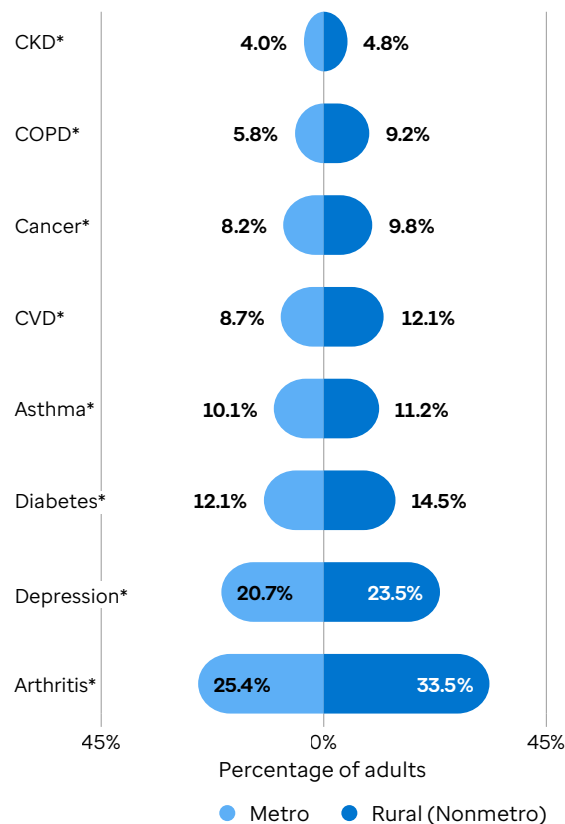
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | United States

**U.S.
Value**

Social & Economic Factors		
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	14.0
	Homicide (Deaths per 100,000 population)	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	4.2
	Public Health Funding (Dollars per person)	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	–
	Food Insecurity (% of households)	12.2%
	Income Inequality (80:20 ratio)	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	30.5%
	High School Completion (% of adults age 25+)	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	14.1%
	High-Speed Internet (% of households)	94.6%
	Residential Segregation - Black/White (Index from 0-100)	–
	Volunteerism (% of population age 16+)	28.3%
	Voter Participation (% of U.S. citizens age 18+)	58.8%
Physical Environment		
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8.8
	Drinking Water Violations (Average violations per community water system)	2.5
	Water Fluoridation (% of population served by community water systems)	72.3%
Climate and Health	Climate Policies (Number out of four policies)	–
	Renewable Energy (% of total electricity generated)*	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	22.6
	Housing Cost Burden (% of households)*	32.0%
	Housing With Lead Risk (% of housing stock)	16.1%
	Severe Housing Problems (% of occupied housing units)	16.8%
Clinical Care		
Access to Care	Avoided Care Due to Cost (% of adults)	11.5%
	Dental Care Providers (Providers per 100,000 population)	66.3
	Mental Health Providers (Providers per 100,000 population)	362.6
	Primary Care Providers (Providers per 100,000 population)	291.4
	Uninsured (% of total population)	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	66.9%
	Dental Visit (% of adults)	67.5%
	Flu Vaccination (% of adults)	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	2,768
Behaviors		
Nutrition and Physical Activity	Exercise (% of adults)	30.4%
	Fruit and Vegetable Consumption (% of adults)	7.4%
	Physical Inactivity (% of adults)	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	492.2
	High-Risk HIV Behaviors (% of adults)	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	13.1
Sleep Health	Insufficient Sleep (% of adults)	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	8.0%
	Smoking (% of adults)	11.6%
Health Outcomes		
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	31.4
	Excessive Drinking (% of adults)	17.0%
	Frequent Mental Distress (% of adults)	15.6%
	Non-Medical Drug Use (% of adults)	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	1.9
Physical Health	Frequent Physical Distress (% of adults)	13.0%
	Low Birth Weight (% of live births)	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2.1
	Multiple Chronic Conditions (% of adults)	11.3%
	Obesity (% of adults)	34.2%

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.
– Data are not available, missing or suppressed.