



# SENT

*Strengthening & Equipping  
Neighborhoods Together*

## 2025 *Annual Report*

(785) 783-2535  
455 SE Golf Park Blvd. (Suite 119)  
Topeka, KS 66605  
[info@sentopeka.com](mailto:info@sentopeka.com)  
[www.sentopeka.com](http://www.sentopeka.com)

# *A Letter to the Reader*

**2025 was a year of grounding.** We entered this year focused on sustainability, accountability, and care for both our neighbors and our team. By year's end, the organization was well-positioned to serve with clarity and intention. That stability allowed us to invest not just in programs, but in the people, partnerships, and infrastructure required to do this work with lasting impact.

There's a quote we returned to often this year: **Most people overestimate what they can do in one day and underestimate what they can do in one year.** In many ways, 2025 became a living example of that truth. Across food access, healthcare, behavioral health, housing, education, and neighbor advocacy, we saw what becomes possible when efforts are coordinated rather than siloed, and when relationships are treated as essential, not incidental.

**This was the year our wraparound model moved from concept to coordination.**

Food access became a consistent entry point to healthcare and benefits. Neighbors experienced medical care that listened rather than rushed. Students received prevention and intervention supports before challenges escalated. Advocates walked alongside individuals and families to identify, pursue, and complete goals. Housing work shifted from individual projects toward a long-term strategy rooted in stability without displacement.

At the heart of all of this is a simple belief: **that transformation happens best when it is patient, place-based, and accountable.** We are committed to learning as we go, stewarding resources wisely, and building systems that are strong enough to hold people through seasons of change.

Whether you are a partner, neighbor, funder, policymaker, volunteer, or someone encountering SENT's work for the first time, we hope these pages give you a clear picture of both the progress made and the responsibility we carry.

We are grateful for the many ways people continue to walk alongside this community, and we remain committed to doing the slow, faithful work of transformation together.



With respect,

***Johnathan Sublet***

Founder and Executive Director, SENT Inc.

## *Our Vision*

The holistic transformation of neighborhoods in Shawnee County.

## *Our Mission*

To intentionally walk beside neighbors through loving relationships to co-create sustainable strategic community solutions.

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# SENT

## 2025 IMPACT

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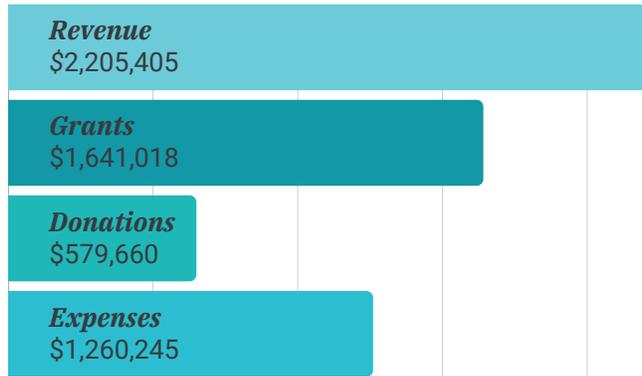
*Steady work*

*Measurable impact*

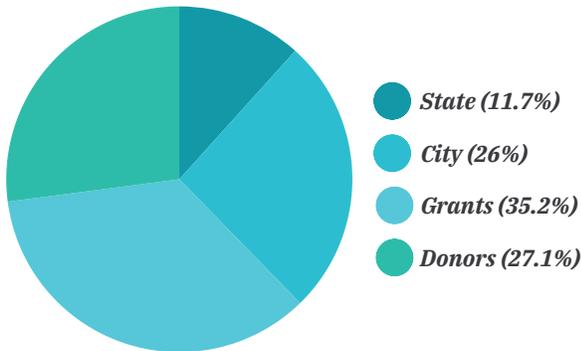
*Long-term commitment to neighborhood stability*

# Executive Summary

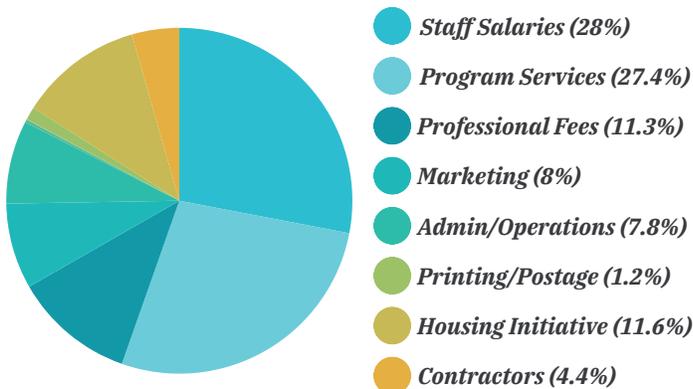
**\$945,000** operating surplus in 2025



## Funding Sources



## Allocation of Expenses



## Pillar One | Housing & Neighborhood Development

### Housing & Neighborhood Development

**\$2M**

housing escrow  
account  
established

**176**

LIHTC approval for the  
176-unit Johnson-Betts  
Meadows development.

**4**

construction began on  
new net-zero, solar-  
equipped homes in 2025

**10**

rental  
properties in  
2025

## Pillar Two | Community Health & Wellness

### Neighbor Advocacy

**937**

client  
contacts

**1,109**

goals  
identified

**584**

goals  
reached

**1,047**

referrals, including 702  
internal + 345 external

### The Southside Filling Station

**4,739**

families  
served across  
27 zip codes

**303,482**

pounds of food  
distributed

**\$0.04**

average cost  
per pound of  
food

**31%**

enrolled in  
SNAP

### Behavioral Health

**0**

no mental  
health services  
waitlist

**14**

Kansas  
communities  
served in 2025

**\$56,000**

in free or reduced  
fee mental health  
and SUD services

**325**

substance use  
counseling  
sessions

**93**

mental health  
clients served

### The Southside Wellness Clinic

**736**

unique patients served  
since opening in  
January 2025

**10**

10 mothers enrolled in  
the Maternal Health  
Program

## Pillar Three: Education & Workforce Development

### Workforce Development

**5**

participants in the newly  
launched Working Men of Christ  
Workforce Development program



# SENT

## IDENTITY & PURPOSE

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*Lasting community transformation happens  
when stability, opportunity, and wellness are  
built together over time*

# *Strengthening & Equipping Neighborhoods Together*

SENT Inc. is a grassroots 501(c)3 community development organization working with under-resourced communities in Topeka.



*“Real change doesn’t happen through one program. It happens when a community surrounds families with safety, dignity, and opportunity—one relationship at a time.”*

— JOHNATHAN SUBLET, FOUNDER & EXECUTIVE DIRECTOR

# *Designed for Lasting Change*



## *Rooted in Place*

Our work is deeply place-based. We commit to long-term presence within specific neighborhoods—not short-term projects or rotating initiatives. We stay long enough to learn, adapt, and build systems that last.

## *Wraparound by Design*

We operate a truly integrated model where housing, food access, healthcare, behavioral health, education, workforce development, and neighbor advocacy are intentionally connected rather than siloed. Each service stands on its own—but all are designed to work together so no neighbor is left navigating complex systems alone.

## *Data-Informed and Relationship-Centered*

SENT pairs measurable outcomes with human connection. We track data and evaluate impact, while prioritizing trust, dignity, and consistency in every interaction.

## *Built for Lasting Change*

We believe sustainable transformation does not come from quick fixes. It comes from steady investment, accountability, and walking alongside neighbors over time.

# *Our Theory of Change*

SENT believes lasting community transformation happens when stability, opportunity, and wellness are built together over time. Our Theory of Change is rooted in the understanding that people cannot thrive when basic needs are unmet, systems are fragmented, or support is short-term.

By intentionally walking beside neighbors through long-term, place-based relationships, SENT connects housing, food access, healthcare, behavioral health, education, workforce development, and community belonging into a coordinated pathway toward stability.

As individuals and families gain access to essential resources, trusted relationships, and meaningful choices, they experience greater agency, dignity, and self-sufficiency.

Over time, these individual outcomes compound into neighborhood-level change—stronger families, healthier communities, and systems that work better together.

Through consistent presence, data-informed learning, and shared accountability, SENT's model not only strengthens Shawnee County today but also offers a replicable framework for holistic community health beyond it.

*SENT connects housing, food access, healthcare, behavioral health, education, workforce development, and community belonging into a coordinated pathway toward stability.*

# *Why Place Matters*

Hi-Crest and the surrounding neighborhoods are not service areas to SENT; they are home. These communities carry both deep challenges and deep strengths, shaped not only by decades of disinvestment but also by resilience and relationships.

Real change in places like Hi-Crest does not come from short-term programs or rotating initiatives, but from consistent presence and earned trust over time. SENT chooses to stay—learning the neighborhood, listening to neighbors, and building systems that respond to real conditions on the ground.

By committing to long-term presence in a specific place, SENT is able to move beyond temporary relief and toward lasting stability, opportunity, and community health.



# SENT

## COMMUNITY CONTEXT

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*The neighborhood is situated approximately two miles south of the Capitol Building and Downtown Topeka.*

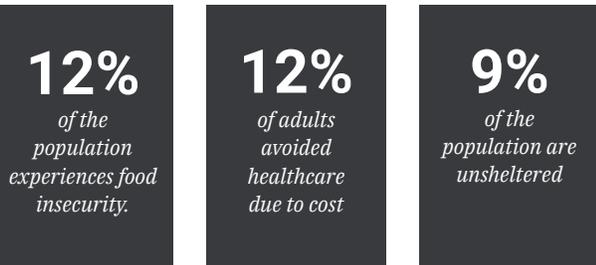
*SE 29th Street borders the neighborhood to the north, SE 37th Street flanks on the south, SE California Avenue bounds on the east, and SE Kansas Ave defines the west.*

# Our Context

To understand both the urgency and the opportunity in neighborhoods like Hi-Crest, it's important to look closely at the conditions residents are navigating every day.

**#27** *Kansas's health ranking in 2025 according to America's Health Rankings*

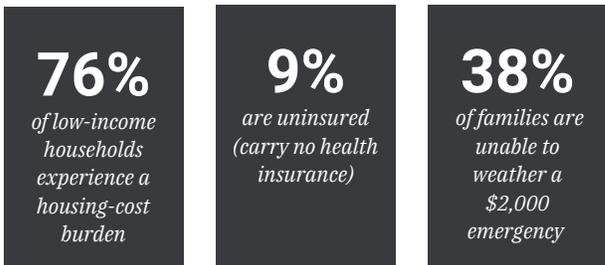
## Kansas



*Upstream, place-based investment doesn't just reduce harm—it builds safer, healthier neighborhoods over time.*



## Shawnee County



## Hi-Crest Neighborhood

*9% Black, 16% Hispanic, 67% White, 2% AAPI*



# SENT

## OUR WORK IN ACTION

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*How our place-based model translates into real-world results through our 3 pillars: Housing & Development, Community Health & Wellness, and Education & Workforce Development*



# *Housing & Neighborhood Development Pillar*

The **Housing & Neighborhood Development Pillar** is a cornerstone of SENT's commitment to long-term, place-based stability. SENT focuses not only on increasing the supply of safe, affordable housing but also on strengthening neighborhoods through thoughtful development, proactive property management, and strategic land use. We approach housing as both a foundation for individual well-being and a catalyst for healthier, safer communities.

## *Programs & Initiatives*

### *Affordable Housing Development*

New Builds & Low-Income Housing Tax Credit Projects. Construction of new, high-quality homes and large-scale affordable developments designed for long-term affordability, sustainability, and neighborhood integration.

### *Rental Housing & Property Mgmt*

Provision and management of affordable rental homes for households not yet ready for homeownership, paired with proactive maintenance and stabilization strategies.

### *Land Acquisition & Strategic Land Use*

Intentional acquisition of vacant, abandoned, or underutilized lots to support future housing, reduce blight, and increase neighborhood safety.

### *Curb Appeal Program*

Small-scale, resident-driven exterior home improvements that enhance safety, accessibility, and pride in homeownership.

### *Beat the Heat Program*

Distribution of affordable air-conditioning units to protect health and safety during extreme heat, particularly for medically vulnerable households.

### *Community Assets & Green Space*

Development of shared amenities such as playgrounds and community gardens that support connection, food access, and neighborhood vitality.





## Outcomes & Impact

176

176-unit Johnson-Betts Meadows awarded Low-Income Housing Tax Credits

\$2M

housing escrow account established to accelerate development and scale affordable housing production

4

new net-zero, solar-equipped homes constructed in 2025, all debt-free

10

rental properties active in 2025, with \$94,788 in rent collected and affordability preserved

6

new lots acquired through land bank, tax sale, donation, and direct purchase

29

air-conditioning units distributed through Beat the Heat to protect health during extreme temperatures

450

square feet of accessible growing space from 9 raised garden beds built

1

curb appeal project completed, improving safety, accessibility, and home pride



# *Community Health & Wellness Pillar*

The **Community Health & Wellness Pillar** at SENT is not a collection of programs—it is a coordinated system designed to meet real needs in real time. By addressing food access, behavioral health, substance use, and medical care together, SENT reduces crisis, strengthens prevention, and builds healthier pathways for individuals, families, and neighborhoods.

## *Programs & Initiatives*

### *Neighbor Advocacy*

Rather than operating as a single program, Neighbor Advocacy functions as the coordinating hub that links food access, healthcare, behavioral health, housing, benefits navigation, education, workforce pathways, and community support.

### *Food Access & Nutrition*

The Southside Filling Station is a low-barrier, client-side food pantry serving as a primary access point for food, benefits navigation, Neighbor Advocacy, and wraparound referrals.

### *Behavioral Health*

Mental and Behavioral Health Services provide trauma-informed counseling and Substance Use Disorder support for children, adolescents, and adults, delivered by licensed clinicians.

### *Accessible Medical Care*

The Southside Wellness Clinic offers community-centered health care integrating express care visits, holistic health, chiropractic, massage therapy, MAT/MOUD, and medical advocacy.





# Neighbor Advocacy

Neighborhood Advocacy is the foundation of SENT’s wraparound model. It is how services connect, how trust is built, and how neighbors move from crisis toward stability. Rather than operating as a single program, Neighbor Advocacy functions as the coordinating hub that links food access, healthcare, behavioral health, housing, benefits navigation, education, workforce pathways, and community support into a unified experience for each individual and family.

## Programs & Initiatives

### *Neighbor Advocacy Case Management*

Proactive, relationship-centered support focused on goal-setting, follow-through, and stabilization across housing, benefits, healthcare, employment, and transportation.

### *Benefits Access & Referral Systems*

Technology-enabled screening and referral tools that increase access to public benefits, track outcomes, and improve coordination across SENT programs and community partners.

### *Mailbox Program*

Provides a safe, reliable mailing address for people experiencing housing instability or domestic violence—removing a critical barrier to benefits, healthcare, and employment.

### *City of Topeka ID Program*

Supports individuals in obtaining valid identification, a foundational step toward housing, work, healthcare, and public services.

### *Transportation Support*

Reduces access barriers in a transportation desert by coordinating rides to medical, behavioral health, advocacy, and food access appointments at SENT within a 10-mile radius.

### *Community Engagement*

Builds awareness, trust, and referral pathways through tabling, presentations, and relationship-building across the community.





# Outcomes & Impact

937

total client contacts

1,109

goals identified

584

goals met

571

successful discharges

1047

total referrals, including 702 internal and 345 external connections

1,330

benefits screenings completed for SNAP

53

53 of 55 mailboxes in active use

22

City of Topeka IDs completed

# Food Access & Nutrition

through the Southside Filling Station

A low-barrier, client-choice food pantry serving as a primary access point for food, benefits navigation, Neighbor Advocacy, and wraparound referrals.



## Outcomes & Impact

4,739

families served

27

zip codes

303,482

pounds of food distributed

\$0.04

average cost of food per pound

1,463

families enrolled in SNAP

8,253

volunteer hours logged, representing \$189,836 in community investment



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*learn more*





# *Behavioral Health*

Behavioral Health Services provides accessible, trauma-informed counseling for children, adolescents, and adults delivered by licensed professionals trained in EMDR, Play Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Trust-Based Relational Intervention (TBRI®), Neurofeedback Therapy, and approved by KDADS to provide Substance Use Disorder (SUD) assessments for DUI cases.

## *Programs & Initiatives*

### *Mental Health Counseling*

Trauma-informed individual therapy serving adults, youth, and families delivered by licensed clinicians trained in EMDR, Play Therapy, TF-CBT, CBT, DBT, TBRI®, and more.

### *Substance Use Disorder Services*

Low-barrier treatment, harm reduction, peer navigation, and recovery support and referrals.

### *Group & Preventive Programming*

Making Sense of Your Worth (MSOYW), Parenting for Positive Self-Worth, Creative Expressions, Campus Connections, and school-based prevention.





# Outcomes & Impact

**93**

unique mental health clients served across 14 Kansas communities

**325**

SUD appointments delivered to 52 clients, including 30 new clients

**354**

naloxone kits and 480 fentanyl test strips distributed for overdose prevention

**69**

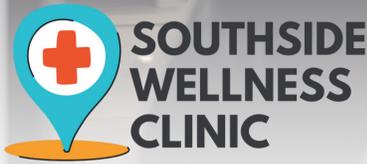
individuals completed *Making Sense of Your Worth* groups

**246**

students and adults engaged through prevention-focused Campus Connections

**\$56K**

in free or reduced-fee services throughout the year



**SOUTHSIDE  
WELLNESS  
CLINIC**

# *Accessible Medical Care*

through the Southside Wellness Clinic

Community-centered health care integrating express care visits, holistic health, chiropractic, massage therapy, MAT/MOUD (Medication-Assisted Treatment & Medications for Opioid Use), medical advocacy, and maternal health initiative in collaboration with the Kansas Department of Health & Environment and the Topeka Doula Project.

## *Outcomes & Impact*

**736**

unique patients served in the first year of operation

**104**

chiropractic visits (Since 8/19)

**40**

massage therapy visits (Since 9/1)

**102**

custom-compounded holistic medications provided

**10**

mothers enrolled in the Maternal Health Pilot Program

**7**

successful deliveries in 2025

**SENT**

*learn more*





# *Education & Workforce Development Pillar*

Education and economic mobility are foundational to long-term community health and stability. SENT's **Education & Workforce Development pillar** focuses on prevention, skill-building, and pathways to opportunity for youth and adults. Through Campus Connections, SENT embeds support directly within schools and youth-serving environments, strengthening protective factors early. Through workforce development programs, SENT creates dignified employment pathways that pair paid work with wraparound support. Together, these efforts reduce barriers to learning, increase employment readiness, and support long-term economic stability.

## *Programs & Initiatives*

### *Campus Connections*

A school-embedded prevention and support program that places SENT staff and licensed practitioners within partner schools to support students, educators, and families through trauma-informed, relationship-centered approaches.

### *Workforce Development*

Launched in 2025, provide paid, hands-on employment through the Working Men of Christ partnership with wraparound advocacy, while also developing a Community Health Worker pathway—officially launched in January 2026—to align training and employment with healthcare, advocacy, and reentry supports.



# Campus Connections



A school-embedded prevention and support program that places SENT staff and licensed practitioners within partner schools to support students, educators, and families through trauma-informed, relationship-centered approaches.

## School-Based Support

In-class support, professional development, and coordinated referrals in partnership with Ross Elementary, Eisenhower Middle School, Highland Park High School, Avondale Academy, and the Topeka Center for Peace & Justice.

## Group-Based Prevention & Therapy Supports

Including Making Sense of Your Worth (MSOYW), yoga-based regulation groups, and other prevention-focused group interventions like Work in Process delivered in school and community settings.

## Creative Expressions

An arts-based group program that supports emotional regulation, stress management, and healthy coping skills for youth, with transportation provided to eliminate access barriers. Periodic Youth-led service projects.

## Bridge Builder's Investment Club

A financial literacy and wealth-building program for students (grades 6–12) and caregivers, focused on goal-setting, budgeting, delayed gratification, and long-term planning.

**877**

students connected

**264**

students & adults participated in Bridge Builder's Investment Club

**30**

teachers trained in trauma-informed strategies

**242**

neighbor advocacy connections made with teachers

**255**

adults engaged

**~25**

students engaged in Creative Expressions weekly

**183**

students supported in-class





# Workforce Development

Launched in 2025

## *Working Men of Christ Partnership*

A paid, hands-on workforce development program providing employment experience in facilities maintenance, food distribution, landscaping, property preparation, and logistics, paired with wraparound advocacy.

## *Community Health Worker Pathway*

Foundational work to establish a Community Health Worker workforce pipeline, aligning training, certification pathways, and employment opportunities with SENT's healthcare, advocacy, and reentry supports for currently incarcerated women approved for a work release program.

# 5

men engaged in the Working Men of Christ workforce pilot, with 80% retained beyond the first month

# 100%

paired with Neighbor Advocacy for transportation, benefits access, and goal tracking



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*learn more*



# SENT

## FINANCIAL STEWARDSHIP & SUSTAINABILITY

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*Transparent stewardship*  
*Accountable systems*  
*Sustainable growth*

# *Financial Stewardship & Sustainability*



## ***Diversified Revenue Model***

Funding streams include grants, contributions, earned income, and development activity to strengthen long-term sustainability and reduce reliance on any single source.

## ***Mission-Aligned Spending***

The majority of expenses directly support housing, healthcare, food access, education, workforce development, and neighbor advocacy programs.

## ***Annual Independent Audit***

Financial statements are reviewed through a yearly external audit to ensure transparency and compliance.

## ***Layered Financial Oversight***

An external accountant provides additional monitoring and accountability alongside on-staff financial coordination.

## ***Active Finance Committee Governance***

Oversight is provided by a Finance Committee made up of staff, board members, and community representatives.

## ***Infrastructure for Sustainability***

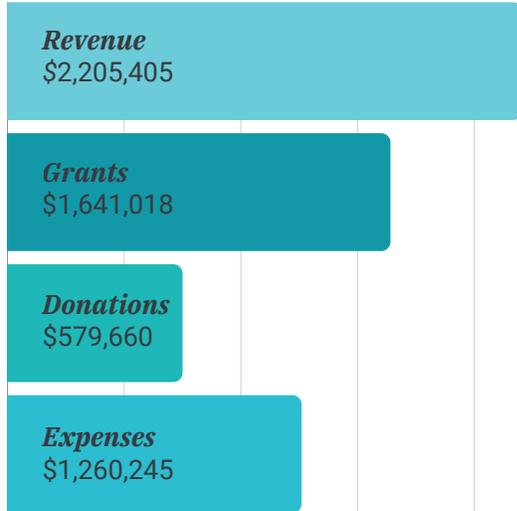
Investments are made not only in programs, but in systems, staffing, and processes that strengthen long-term organizational health.

## ***Transparent Reporting Practices***

Financial performance is regularly reviewed and shared with leadership to support responsible decision-making.<sup>26</sup>

# Financials

## 2025

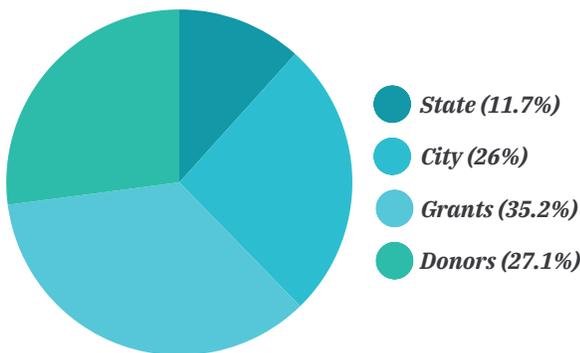


## 2024

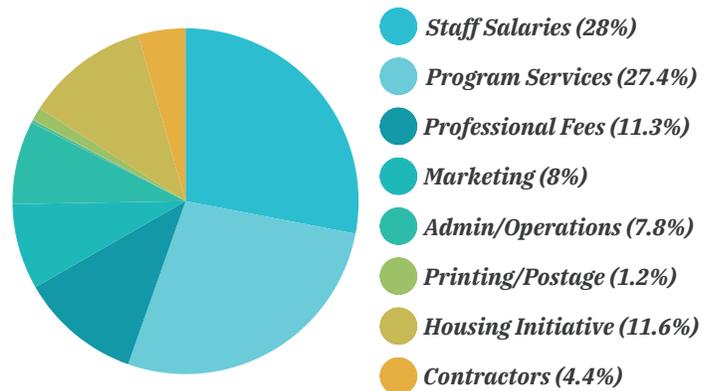


**\$945,000** operating surplus in 2025

### Funding Sources



### Allocation of Expenses



# Governance & Leadership

## Board of Directors

Dr. Beryl New | Board Chairperson  
Christine Caplinger | Board Vice Chairman  
Johnathan Sublet | Board Member  
Kristin Miller | Board Treasurer  
Linessa Frazier | Board Member  
Tre'Jor Hopkins | Board Member  
Jamie Gifford | Board Member  
Brittany Elliott | Board Member

## Advisory Committees

Finance, Housing, Community Wellness, Development,  
Southside Filling Station

## Leadership Team

Johnathan Sublet | Founder & Executive Director  
Jill Rice | Operations Director  
Tricia Sublet, LCSW | Community Health & Wellness Director  
Aimee Copp-Hasty | Senior Director of Development

## Staff Members

Tricia McCourt, LAC, PCCM | Addiction Specialist & Neighbor Advocate  
Jay Rice | Housing Construction Forman & Workforce Development Supervisor  
Trisha Osier-Duvall | Community Health Advocate | Southside Wellness Clinic  
Kian Beemer | Medical Office Assistant | Southside Wellness Clinic  
Jhonny Olaya | Finance Coordinator  
Sherrita Dean | Medical Billing & Patient Onboarding Specialist  
Camille Faraldi | Mental Health Specialist  
Eric Culbertson | Community Liaison & Neighbor Advocate  
Maria Anderson | Community Liaison & Neighbor Advocate



*By intentionally walking beside neighbors through long-term, place-based relationships, SENT connects housing, food access, healthcare, behavioral health, education, workforce development, and community belonging into a coordinated pathway toward stability.*

**SENT**

# *Commitments for the Year Ahead*

As we move forward, SENT is anchoring its work in five internal commitments:



*Character – Leading with integrity and credibility*



*Communication – Ensuring clarity, consistency, and alignment*



*Clarity – Providing direction, even amid complexity*



*Consistency – Compounding small wins over time*



*Critical Thinking – Pursuing solutions that address root causes, not symptoms*

These commitments guide how we lead, partner, and grow.

*Transformation isn't accidental. It's the result of consistent, wraparound care that meets families at every point of need.*

# *Because of You*

Because of you—our **partners, supporters, volunteers, collaborators, and neighbors**—2025 became a year of steady progress and strengthened foundations at SENT. Together, we deepened relationships, improved coordination across systems, and expanded our capacity to walk alongside individuals and families with care, dignity, and accountability. Your belief in long-term, community-rooted work made it possible to invest not only in programs, but in the people, infrastructure, and partnerships required for lasting change. We are grateful for the many ways you continue to show up, share responsibility, and move this work forward with us.



# Ways to Walk with Us

SENT's work moves forward through shared responsibility. Whether you are an individual, organization, funder, or community partner, there are many ways to walk alongside this work.



## *Give*

Help sustain core programs and ensure SENT can respond consistently rather than reactively.



## *Partner*

Collaborate with SENT to align resources, expertise, and systems for greater impact.



## *Advocate*

Use your voice to support policies, investments, and practices that advance neighborhood thriving



## *Volunteer*

Share your time, skills, and presence.



## *Connect*

Stay connected to SENT's work, stories, and impact. Follow us on social media.



## *Speaking & Presentations*

Invite SENT to speak at your company, organization, school, or community event.

